



Samadhi Psychiatric

"It's the Journey that Matters"

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Consent to Engage in Spirituality Based Psychotherapy

I give Erik Morris, PMHNP consent to engage in spirituality-based psychotherapy.

This may include, but not limited to:

Guided meditation

Yoga

Breathwork

Shamanic journey work

Energy work

Crystal Healing

Hypnotherapy

Discussion of varied hypotheses and theories regarding spiritual and existential matters.

I understand that this approach utilizes methods and perspectives that may not always be based on proven evidence based scientific material.

I understand that if I am not comfortable with this type of approach, I can submit a written notice asking for this approach to be limited in scope, modified, or discontinued altogether.

Patient's Name: _____

Patient's Signature: _____ Date: _____